

# Sermon Guide for June 21, 2026

**Title:** A God You Can Trust | Psalm 146

**Series:** Highs, Lows, & Hallelujahs: Psalms for Every Season

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## **Big Idea**

Because God is all-powerful, deeply compassionate, and perfectly just, he alone is worthy of our complete trust.

## **Setting the Scene**

Psalm 146 opens and closes with the command to “Praise the LORD.” But before telling us why God deserves our praise, the psalm warns us not to place our ultimate trust in human beings—even powerful ones.

Human leaders, experts, friends, and mentors can help us, but they are finite and imperfect. God alone can carry the weight of our hope.

## **#1: Nothing Is Too Hard for Him (vv. 5-6)**

God is powerful enough to create the universe and faithful enough to sustain it. Nothing in our lives is beyond his ability or outside his control.

### **What This Means**

- God is never surprised by our circumstances.
- No problem is too difficult for him.

### **Reflection Questions**

1. What situation in your life feels overwhelming right now?
2. Have you begun to believe that your problem is an exception to God's power?
3. How does remembering God as Creator change your perspective?

## **#2: No One Is Too Small for Him (vv. 7-9a)**

The God who created the universe is also attentive to the needs of the vulnerable, forgotten, and hurting.

### **What This Means**

- God notices those whom society overlooks.
- Your struggles are not insignificant to him.
- Although God is powerfully transcendent, he is also compassionately near.

### Reflection Questions

1. Have you ever felt overlooked, forgotten, or insignificant?
2. Which group in this list (oppressed, hungry, prisoner, blind, bowed down, foreigner, fatherless, widow) stands out to you most? Why?
3. What does this passage teach us about God's heart?

## #3: No Wrong Is Beyond Him (v. 9b)

### What This Means

- God is perfectly just. Evil will not win in the end.
- No sin escapes God's notice.
- No injustice will go unanswered.
- God's people can endure hardship knowing he will ultimately make all things right.

### Reflection Questions

1. What injustice or wrong is difficult for you to release into God's hands?
2. How does God's promise of justice help you resist bitterness and revenge?

## The Gospel Connection

Psalm 146 reminds us that God brings the way of the wicked to ruin. The sobering reality is that all of us have sinned and stand in need of God's mercy. The good news of the gospel is not that God ignored our sin, but that he dealt with it through Jesus Christ.

### Because of Jesus:

- Our sins can be forgiven.
- Our guilt can be removed.
- Our story does not have to end in "ruin."

## My Notes

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